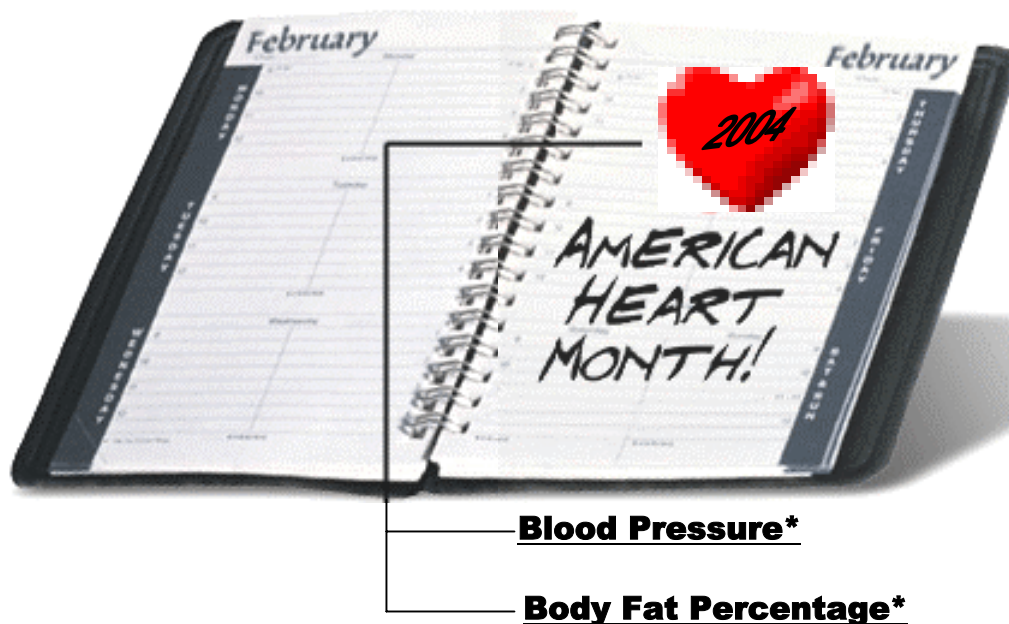


American Heart Month February 2004

(Body Fat & Blood Pressure Screening)



Health & Wellness Center 4, 11, 18 & 25, February

(Body Fat & Blood Pressure Screenings)

0800-1130



Anderson Golf Course

21 February

(Body Fat Screenings Only)

0900-1130



Featured at the Health & Wellness Center

“Healthy Heart” HP-518 (Video)

Video listed above is available for viewing or check out.

Visit our Resource Room and register for a free electronic blood pressure monitor. (\$36.00 Value)

Drawing to be held Thursday, 26 February at 1300 hrs.

Open to active duty, retirees, family members and Fort Knox Civilian employees.